An Introduction to Dynamics of Structures

Giacomo Boffi

http://intranet.dica.polimi.it/people/boffi-giacomo

Dipartimento di Ingegneria Civile Ambientale e Territoriale
Politecnico di Milano

February 27, 2018

Outline

Part 1
Introduction
Characteristics of a Dynamical Problem
Formulation of a Dynamical Problem
Formulation of the equations of motion

Part 2
1 DOF System
Free vibrations of a SDOF system
Free vibrations of a damped system

Definitions

Let’s start with some definitions

**Dynamic** adj., constantly changing

**Dynamics** noun, the branch of Mechanics concerned with the motion of bodies under the action of forces

**Dynamic Loading** a Loading that varies over time

**Dynamic Response** the Response (deflections and stresses) of a system to a dynamic loading; Dynamic Responses vary over time

**Dynamics of Structures** all of the above, applied to a structural system, i.e., a system designed to stay in equilibrium
Our aim is to determine the stresses and deflections that a *dynamic loading* induces in a *structure* that remains in the neighborhood of a point of equilibrium.

Methods of *dynamic analysis* are extensions of the methods of standard static analysis, or to say it better, static analysis is indeed a special case of *dynamic analysis*.

*If we restrict ourselves to analysis of linear systems, it is so convenient to use the principle of superposition to study the combined effects of static and dynamic loadings that different methods, of different character, are applied to these different loadings.*

### Types of Dynamic Analysis

Taking into account linear systems only, we must consider two different definitions of the loading to define two types of dynamic analysis.

**Deterministic Analysis** applies when the time variation of the loading is fully known and we can determine the complete time variation of all the required response quantities.

**Non-deterministic Analysis** applies when the time variation of the loading is essentially random and is known only in terms of some *statistics*.

In a non-deterministic or *stochastic* analysis the structural response can be known only in terms of statistics of the response quantities.

Our focus will be on *deterministic analysis*.

### Types of Dynamic Loading

Dealing with deterministic dynamic loadings we will study, in order of complexity,

**Harmonic Loadings** a force is modulated by a harmonic function of time, characterized by a frequency $\omega$ and a phase $\phi$:

$$p(t) = p_0 \sin(\omega t - \phi)$$

**Periodic Loadings** a periodic loading repeats itself with a fixed period $T$:

$$p(t) = p_0 f(t) \text{ with } f(t) \equiv f(t + T)$$

**Non Periodic Loadings** here we see two sub-cases,

- the loading can be described in terms of an analytical function, e.g.,

  $$p(t) = p_0 \exp(\alpha t)$$

- the loading is measured experimentally, hence it is known only in a discrete set of instants; in this case, we say that we know the loading *time-history*.
Characteristics of a Dynamical Problem

A dynamical problem is essentially characterized by the relevance of *inertial forces*, arising from the accelerated motion of structural or serviced masses.

A dynamic analysis is *required* only when the inertial forces represent a significant portion of the total load.

On the other hand, if the loads and the deflections are varying *slowly*, a static analysis will provide an acceptable approximation.

We will define *slowly*.

Formulation of a Dynamical Problem

In a structural system the inertial forces depend on the time derivatives of displacements while the elastic forces, equilibrating the inertial ones, depend on the spatial derivatives of the displacements. ... the natural statement of the problem is hence in terms of *partial differential equations*.

In many cases it is however possible to simplify the formulation of the structural dynamic problem to *ordinary* differential equations.

Lumped Masses

In many structural problems we can say that the masses are concentrated in a discrete set of *lumped masses* (e.g., in a multi-storey building most of the masses is concentrated at the level of the storeys’ floors).

Under this assumption, the analytical problem is greatly simplified:

1. the inertial forces are applied only at the lumped masses,
2. the only deflections that influence the inertial forces are the deflections of the lumped masses,
3. using methods of static analysis we can determine those deflections,

thus consenting the formulation of the problem in terms of a set of ordinary differential equations, one for each relevant component of the inertial forces.
Dynamic Degrees of Freedom

The *dynamic degrees of freedom* (DDOF) in a discretized system are the displacements components of the lumped masses associated with the relevant components of the inertial forces.

If a lumped mass can be regarded as a *point* mass then at most 3 translational DDOFs will suffice to represent the associated inertial force.

On the contrary, if a lumped mass has a discrete volume its inertial force depends also on its rotations (inertial couples) and we need at most 6 DDOFs to represent the mass deflections and the inertial force.

Of course, a continuous system has an infinite number of degrees of freedom.

Generalized Displacements

The lumped mass procedure that we have outlined is effective if a large proportion of the total mass is concentrated in a few points (e.g., in a multi-storey building one can consider a lumped mass for each storey).

When the masses are distributed we can simplify our problem expressing the deflections in terms of a linear combination of assigned functions of position, the coefficients of the linear combination being the *generalized coordinates* (e.g., the deflections of a rectilinear beam can be expressed in terms of a trigonometric series).

Generalized Displacements, cont.

To fully describe a displacement field, we need to combine an infinity of linearly independent *base functions*, but in practice a good approximation can be achieved using just a small number of functions and degrees of freedom.

*Even if the method of generalized coordinates has its beauty, we must recognize that for each different problem we have to derive an ad hoc formulation, with an evident loss of generality.*
The finite elements method (FEM) combines aspects of lumped mass and generalized coordinates methods, providing a simple and reliable method of analysis, that can be easily programmed on a digital computer.

In the FEM, the structure is subdivided in a number of non-overlapping pieces, called the finite elements, delimited by common nodes.

The FEM uses piecewise approximations (i.e., local to each element) to the field of displacements.

In each element the displacement field is derived from the displacements of the nodes that surround each particular element, using interpolating functions.

The displacement, deformation and stress fields in each element, as well as the inertial forces, can thus be expressed in terms of the unknown nodal displacements.

The nodal displacements are the dynamical DOFs of the FEM model.

Some of the most prominent advantages of the FEM method are

1. The desired level of approximation can be achieved by further subdividing the structure.
2. The resulting equations are only loosely coupled, leading to an easier computer solution.
3. For a particular type of finite element (e.g., beam, solid, etc) the procedure to derive the displacement field and the element characteristics does not depend on the particular geometry of the elements, and can easily be implemented in a computer program.
Writing the equation of motion

In a deterministic dynamic analysis, given a prescribed load, we want to evaluate the displacements in each instant of time. In many cases a limited number of DDOFs gives a sufficient accuracy; further, the dynamic problem can be reduced to the determination of the time-histories of some selected component of the response.

The mathematical expressions, ordinary or partial differential equations, that we are going to write express the dynamic equilibrium of the structural system and are known as the Equations of Motion (EOM).

The solution of the EOM gives the requested displacements. The formulation of the EOM is the most important, often the most difficult part of a dynamic analysis.

Writing the EOM, cont.

We have a choice of techniques to help us in writing the EOM, namely:

- the D'Alembert Principle,
- the Principle of Virtual Displacements,
- the Variational Approach.

D'Alembert principle

By Newton’s II law of motion, for any particle the rate of change of momentum is equal to the external force,

\[ \dot{\vec{p}}(t) = \frac{d}{dt} \left( m \frac{d\vec{u}}{dt} \right), \]

where \( \vec{u}(t) \) is the particle displacement. In structural dynamics, we may regard the mass as a constant, and thus write

\[ \dot{\vec{p}}(t) = m \ddot{\vec{u}}, \]

where each operation of differentiation with respect to time is denoted with a dot.

If we write

\[ \dot{\vec{p}}(t) - m \ddot{\vec{u}} = 0 \]

and interpret the term \(- m \ddot{\vec{u}}\) as an Inertial Force that contrasts the acceleration of the particle, we have an equation of equilibrium for the particle.
D'Alembert principle, cont.

The concept that a mass develops an inertial force opposing its acceleration is known as the D'Alembert principle, and using this principle we can write the EOM as a simple equation of equilibrium. The term $\vec{p}(t)$ must comprise each different force acting on the particle, including the reactions of kinematic or elastic constraints, internal forces and external, autonomous forces. In many simple problems, D'Alembert principle is the most direct and convenient method for the formulation of the EOM.

Principle of virtual displacements

In a reasonably complex dynamic system, with e.g. articulated rigid bodies and external/internal constraints, the direct formulation of the EOM using D'Alembert principle may result difficult. In these cases, application of the Principle of Virtual Displacements is very convenient, because the reactive forces do not enter the equations of motion, that are directly written in terms of the motions compatible with the restraints/constraints of the system.

Principle of Virtual Displacements, cont.

For example, considering an assemblage of rigid bodies, the pvd states that necessary and sufficient condition for equilibrium is that, for every virtual displacement (i.e., any infinitesimal displacement compatible with the restraints) the total work done by all the external forces is zero.

For an assemblage of rigid bodies, writing the EOM requires

1. to identify all the external forces, comprising the inertial forces, and to express their values in terms of the $ddof$;
2. to compute the work done by these forces for different virtual displacements, one for each $ddof$;
3. to equate to zero all these work expressions.

The pvd is particularly convenient also because we have only scalar equations, even if the forces and displacements are of vectorial nature.
Variational approach

Variational approaches do not consider directly the forces acting on the dynamic system, but are concerned with the variations of kinetic and potential energy and lead, as well as the \( pvd \), to a set of scalar equations.

For example, the equation of motion of a generical system can be derived in terms of the Lagrangian function, \( L = T - V \) where \( T \) and \( V \) are, respectively, the kinetic and the potential energy of the system expressed in terms of a vector \( \vec{q} \) of indipendent coordinates

\[
\frac{d}{dt} \left( \frac{\partial L}{\partial \dot{q}_i} \right) = \frac{\partial L}{\partial q_i}, \quad i = 1, \ldots, N.
\]

The method to be used in a particular problem is mainly a matter of convenience (and, to some extent, of personal taste).

1 DOF System

Structural dynamics is all about the motion of a system in the neighborhood of a point of equilibrium.

We'll start by studying the most simple of systems, a single degree of freedom system, without external forces, subjected to a perturbation of the equilibrium.

If our system has a constant mass \( m \) and it’s subjected to a generical, non-linear, internal force \( F = F(y, \dot{y}) \), where \( y \) is the displacement and \( \dot{y} \) the velocity of the particle, the equation of motion is

\[
\ddot{y} = \frac{1}{m}F(y, \dot{y}) = f(y, \dot{y}).
\]

It is difficult to integrate the above equation in the general case, but it’s easy when the motion occurs in a small neighborhood of the equilibrium position.

1 DOF System, cont.

In a position of equilibrium, \( y_{eq} \), the velocity and the acceleration are zero, and hence \( f(y_{eq}, 0) = 0 \).

The force can be linearized in a neighborhood of \( y_{eq} \), 0:

\[
f(y, \dot{y}) = f(y_{eq}, 0) + \frac{\partial f}{\partial y}(y - y_{eq}) + \frac{\partial f}{\partial \dot{y}}(\dot{y} - 0) + O(y, \dot{y}).
\]

Assuming that \( O(y, \dot{y}) \) is small in a neighborhood of \( y_{eq} \), we can write the equation of motion

\[
\ddot{x} + ax + bx = 0
\]

where \( x = y - y_{eq} \), \( a = -\frac{\partial f}{\partial y}\bigg|_{\dot{y}=0} \) and \( b = -\frac{\partial f}{\partial \dot{y}}\bigg|_{y=y_{eq}} \).

In an infinitesimal neighborhood of \( y_{eq} \), the equation of motion can be studied in terms of a linear, constant coefficients differential equation of second order.
1 DOF System, cont.

A linear constant coefficient differential equation has the homogeneous integral \( x = A \exp(st) \), that substituted in the equation of motion gives

\[ s^2 + as + b = 0 \]

whose solutions are

\[ s_{1,2} = -\frac{a}{2} \pm \sqrt{\frac{a^2}{4} - b}. \]

The general integral is hence

\[ x(t) = A_1 \exp(s_1 t) + A_2 \exp(s_2 t). \]

1 DOF System, cont.

Given that for a free vibration problem \( A_1, A_2 \) are given by the initial conditions, the nature of the solution depends on the sign of the real part of \( s_1, s_2 \), because \( s_i = r_i + iq_i \) and

\[ \exp(s_i t) = \exp(iq_i t) \exp(r_i t). \]

If one of the \( r_i > 0 \), the response grows infinitely over time, even for an infinitesimal perturbation of the equilibrium, so that in this case we have an unstable equilibrium.

If both \( r_i < 0 \), the response decrease over time, so we have a stable equilibrium.

Finally, if both \( r_i = 0 \) the roots \( s_i \) are purely imaginary and the response is harmonic with constant amplitude.

1 DOF System, cont.

The roots being

\[ s_{1,2} = -\frac{a}{2} \pm \sqrt{\frac{a^2}{4} - b}, \]

- if \( a > 0 \) and \( b > 0 \) both roots are negative or complex conjugate with negative real part, the system is asymptotically stable,
- if \( a = 0 \) and \( b > 0 \), the roots are purely imaginary, the equilibrium is indifferent, the oscillations are harmonic,
- if \( a < 0 \) or \( b < 0 \) at least one of the roots has a positive real part, and the system is unstable.
The famous box car

In a single degree of freedom (SDOF) system each property, \( m \), \( a \) and \( b \), can be conveniently represented in a single physical element

- The entire mass, \( m \), is concentrated in a rigid block, its position completely described by the coordinate \( x(t) \).
- The energy-loss (the \( a \dot{x} \) term) is represented by a massless damper, its damping constant being \( c \).
- The elastic resistance to displacement (\( b x \)) is provided by a massless spring of stiffness \( k \).
- For completeness we consider also an external loading, the time-varying force \( p(t) \).

\[
\begin{align*}
\text{(a)} & \quad m & \quad f_s(t) & \quad f_d(t) \\
\text{(b)} & \quad f_I(t) & \quad f_S(t) & \quad f_D(t) \\
& \quad x(t) & \quad x \\
& \quad \dot{x}(t) & \quad \dot{x} \\
& \quad \ddot{x}(t) & \quad \ddot{x}
\end{align*}
\]

Equation of motion of the basic dynamic system

The equation of motion can be written using the D’Alembert Principle, expressing the equilibrium of all the forces acting on the mass including the inertial force.

The forces are the external force, \( p(t) \), positive in the direction of motion and the resisting forces, i.e., the inertial force \( f_I(t) \), the damping force \( f_D(t) \) and the elastic force, \( f_S(t) \), that are opposite to the direction of the acceleration, velocity and displacement.

The equation of motion, merely expressing the equilibrium of these forces, writing the resisting forces and the external force across the equal sign

\[
f_I(t) + f_D(t) + f_S(t) = p(t)
\]

EOM of the basic dynamic system, cont.

According to D’Alembert principle, the inertial force is the product of the mass and acceleration

\[
f_I(t) = m \ddot{x}(t).
\]

Assuming a viscous damping mechanism, the damping force is the product of the damping constant \( c \) and the velocity,

\[
f_D(t) = c \dot{x}(t).
\]

Finally, the elastic force is the product of the elastic stiffness \( k \) and the displacement,

\[
f_S(t) = k x(t).
\]
EOM of the basic dynamic system, cont.

The differential equation of dynamic equilibrium

\[ f_1(t) + f_D(t) + f_S(t) = m \dddot{x}(t) + c \dot{x}(t) + k x(t) = p(t). \]

The resisting forces in the EoM

\[ f_1(t) + f_D(t) + f_S(t) = p(t) \]

are proportional to the deflection \( x(t) \) or one of its time derivatives, \( \dot{x}(t), \dddot{x}(t) \).

The equation of motion is a linear differential equation of the second order, with constant coefficients.

The resisting forces are, by convention, positive when opposite to the direction of motion, i.e., resisting the motion.

Influence of static forces

Considering the presence of a constant force \( W \), the EOM is

\[ m \dddot{x}(t) + c \dot{x}(t) + k \Delta_{st} + k \bar{x}(t) = p(t) + W. \]

Expressing the displacement as the sum of a constant, static displacement and a dynamic displacement,

\[ x(t) = \Delta_{st} + \bar{x}(t), \]

and substituting in the EOM we have

\[ m \dddot{x}(t) + c \dot{x}(t) + k \Delta_{st} + k \bar{x}(t) = p(t) + W. \]

Influence of static forces, cont.

Recognizing that \( k \Delta_{st} = W \) (so that the two terms, on opposite sides of the equal sign, cancel each other), that \( \bar{x} \equiv \dddot{x} \) and that \( \bar{x} \equiv \tilde{x} \) the EOM can be written as

\[ m \dddot{x}(t) + c \dot{x}(t) + k \bar{x}(t) = p(t). \]

The equation of motion expressed with reference to the static equilibrium position is not affected by static forces.

For this reasons, all displacements in further discussions will be referenced from the equilibrium position and denoted, for simplicity, with \( x(t) \).

Note that the total displacements, stresses, etc. are influenced by the static forces, and must be computed using the superposition of effects.
Displacements, deformations and stresses in a structure are induced also by a motion of its support. Important examples of support motion are the motion of a building foundation due to earthquake and the motion of the base of a piece of equipment due to vibrations of the building in which it is housed.

Considering a support motion \( x_g(t) \), defined with respect to an inertial frame of reference, the total displacement is

\[
x_{\text{tot}}(t) = x_g(t) + x(t)
\]

and the total acceleration is

\[
\ddot{x}_{\text{tot}}(t) = \ddot{x}_g(t) + \ddot{x}(t).
\]

While the elastic and damping forces are still proportional to relative displacements and velocities, the inertial force is proportional to the total acceleration,

\[
f_i(t) = -m\ddot{x}_{\text{tot}}(t) = m\ddot{x}_g(t) + m\ddot{x}(t).
\]

Writing the EOM for a null external load, \( p(t) = 0 \), is hence

\[
m\dddot{x}_{\text{tot}}(t) + c\dot{x}(t) + kx(t) = 0,
\]

or,

\[
m\ddot{x}(t) + c\dot{x}(t) + kx(t) = -m\ddot{x}_g(t) \equiv p_{\text{eff}}(t).
\]

Support motion is sufficient to excite a dynamic system: \( p_{\text{eff}}(t) = -m\ddot{x}_g(t) \).

The equation of motion,

\[
m\ddot{x}(t) + c\dot{x}(t) + kx(t) = p(t)
\]

is a linear differential equation of the second order, with constant coefficients.

Its solution can be expressed in terms of a superposition of a particular solution, depending on \( p(t) \), and a free vibration solution, that is the solution of the so-called homogeneous problem, where \( p(t) = 0 \).

In the following, we will study the solution of the homogeneous problem, the so-called homogeneous or complementary solution, that is the free vibrations of the SDOF after a perturbation of the position of equilibrium.
Free vibrations of an undamped system

An undamped system, where $c = 0$ and no energy dissipation takes place, is just an ideal notion, as it would be a realization of \textit{motus perpetuum}. Nevertheless, it is an useful idealization. In this case, the homogeneous equation of motion is

$$m \ddot{x}(t) + k x(t) = 0$$

which solution is of the form $\exp st$; substituting this solution in the above equation we have

$$(k + s^2 m) \exp st = 0$$

noting that $\exp st \neq 0$, we finally have

$$(k + s^2 m) = 0 \Rightarrow s = \pm \sqrt{-\frac{k}{m}}$$

As $m$ and $k$ are positive quantities, $s$ must be purely imaginary.

Undamped Free Vibrations

Introducing the \textit{natural} circular frequency $\omega_n$

$$\omega_n^2 = \frac{k}{m},$$

the solution of the algebraic equation in $s$ is

$$s = \pm \sqrt{-\frac{k}{m}} = \pm \sqrt{-1} \sqrt{\frac{k}{m}} = \pm i \sqrt{\omega_n^2} = \pm i \omega_n$$

where $i = \sqrt{-1}$ and the general integral of the homogeneous equation is

$$x(t) = G_1 \exp(i \omega_n t) + G_2 \exp(-i \omega_n t).$$

The solution has an imaginary part?

Undamped Free Vibrations

The solution is derived from the general integral imposing the (real) initial conditions

$$x(0) = x_0, \quad \dot{x}(0) = \dot{x}_0$$

Evaluating $x(t)$ for $t = 0$ and substituting in (39), we have

$$\begin{cases} G_1 + G_2 = x_0 \\ i \omega_n G_1 - i \omega_n G_2 = \dot{x}_0 \end{cases}$$

Solving the linear system we have

$$G_1 = \frac{i x_0 + \dot{x}_0 / \omega_n}{2i}, \quad G_2 = \frac{i x_0 - \dot{x}_0 / \omega_n}{2i},$$

substituting these values in the general solution and collecting $x_0$ and $\dot{x}_0$, we finally find

$$x(t) = \frac{\exp(i \omega_n t) + \exp(-i \omega_n t)}{2} x_0 + \frac{\exp(i \omega_n t) - \exp(-i \omega_n t)}{2i} \frac{\dot{x}_0}{\omega_n}.$$
Undamped Free Vibrations

$$x(t) = \frac{\exp(i\omega_n t) + \exp(-i\omega_n t)}{2} x_0 + \frac{\exp(i\omega_n t) - \exp(-i\omega_n t)}{2i} \frac{x_0}{\omega_n}$$

Using the Euler formulas relating the imaginary argument exponentials and the trigonometric functions, can be rewritten in terms of the elementary trigonometric functions

$$x(t) = x_0 \cos(\omega_n t) + \left(\frac{\dot{x}_0}{\omega_n}\right) \sin(\omega_n t).$$

Considering that for every conceivable initial conditions we can use the above representation, it is indifferent, and perfectly equivalent, to represent the general integral either in the form of exponentials of imaginary argument or as a linear combination of sine and cosine of circular frequency $\omega_n$.

Undamped Free Vibrations

Otherwise, using the identity $\exp(\pm i\omega_n t) = \cos \omega_n t \pm i \sin \omega_n t$

$$x(t) = (A + iB) (\cos \omega_n t + i \sin \omega_n t) + (C - iD)(\cos \omega_n t - i \sin \omega_n t)$$

expanding the product and evidencing the imaginary part of the response we have

$$I(x) = i (A \sin \omega_n t + B \cos \omega_n t - C \sin \omega_n t - D \cos \omega_n t).$$

Imposing that $I(x) = 0$, i.e., that the response is real, we have

$$(A - C) \sin \omega_n t + (B - D) \cos \omega_n t = 0 \quad \rightarrow \quad C = A, \ D = B.$$ 

Substituting in $x(t)$ eventually we have

$$x(t) = 2A \cos(\omega_n t) - 2B \sin(\omega_n t).$$

Undamped Free Vibrations

Our preferred representation of the general integral of undamped free vibrations is

$$x(t) = A \cos(\omega_n t) + B \sin(\omega_n t)$$

For the usual initial conditions, we have already seen that

$$A = x_0, \quad B = \frac{\dot{x}_0}{\omega_n}.$$
Undamped Free Vibrations

Sometimes we prefer to write \( x(t) \) as a single harmonic, introducing a phase difference \( \phi \) so that the amplitude of the motion, \( C \), is put in evidence:

\[
x(t) = C \cos(\omega_n t - \phi) = C (\cos \omega_n t \cos \varphi + \sin \omega_n t \sin \varphi) = A \cos \omega_n t + B \sin \omega_n t
\]

From \( A = C \cos \varphi \) and \( B = C \sin \varphi \), we have \( \tan \varphi = B / A \), from \( A^2 + B^2 = C^2 (\cos^2 \varphi + \sin^2 \varphi) \) we have \( C = \sqrt{A^2 + B^2} \) and eventually

\[
x(t) = C \cos(\omega_n t - \varphi), \quad \text{with} \quad \begin{cases} C = \sqrt{A^2 + B^2} \\ \varphi = \arctan(B/A) \end{cases}
\]

It is worth noting that the coefficients \( A, B \) and \( C \) have the dimension of a length, the coefficient \( \omega_n \) has the dimension of the reciprocal of time and that the coefficient \( \varphi \) is an angle, or in other terms is adimensional.

Behavior of Damped Systems

The viscous damping modifies the response of a sdof system introducing a decay in the amplitude of the response. Depending on the amount of damping, the response can be oscillatory or not. The amount of damping that separates the two behaviors is denoted as critical damping.
The solution of the EOM

The equation of motion for a free vibrating damped system is

\[ m\ddot{x}(t) + c\dot{x}(t) + kx(t) = 0, \]

substituting the solution \( \exp st \) in the preceding equation and simplifying, we have that the parameter \( s \) must satisfy the equation

\[ ms^2 + cs + k = 0 \]

or, after dividing both members by \( m \),

\[ s^2 + \frac{c}{m} s + \omega_n^2 = 0 \]

whose solutions are

\[ s = -\frac{c}{2m} \pm \sqrt{\left(\frac{c}{2m}\right)^2 - \omega_n^2} = \omega_n \left(-\frac{c}{2m\omega_n} \pm \sqrt{\left(\frac{c}{2m\omega_n}\right)^2 - 1}\right). \]

Critical Damping

The behavior of the solution of the free vibration problem depends on the sign of the radicand \( \Delta = \left(\frac{c}{2m\omega_n}\right)^2 - 1: \)

\( \Delta < 0 \) the roots \( s \) are complex conjugate,
\( \Delta = 0 \) the roots are identical, double root,
\( \Delta > 0 \) the roots are real.

The value of \( c \) that make the radicand equal to zero is known as the critical damping,

\[ c_{ct} = 2m\omega_n = 2\sqrt{mk}. \]

Critical Damping

A single degree of freedom system is denoted as critically damped, under-critically damped or over-critically damped depending on the value of the damping coefficient with respect to the critical damping.

Typical building structures are undercritically damped.
Damping Ratio

If we introduce the ratio of the damping to the critical damping, or critical damping ratio $\zeta$,

$$\zeta = \frac{c}{c_{cr}} = \frac{c}{2m\omega_n}, \quad c = \zeta c_{cr} = 2\zeta \omega_n m$$

the equation of free vibrations can be rewritten as

$$\ddot{x}(t) + 2\zeta \omega_n \dot{x}(t) + \omega_n^2 x(t) = 0$$

and the roots $s_{1,2}$ can be rewritten as

$$s = -\zeta \omega_n \mp \omega_n \sqrt{\zeta^2 - 1}.$$
The Damped Free Response

Critically damped SDOF

In this case, $\zeta = 1$ and $s_{1,2} = -\omega_n$, so that the general integral must be written in the form

$$x(t) = \exp(-\omega_n t)(A + Bt).$$

The solution for given initial condition is

$$x(t) = \exp(-\omega_n t)(u_0 + (v_0 + \omega_n u_0)t),$$

note that, if $v_0 = 0$, the solution asymptotically approaches zero without crossing the zero axis.

Over-critically damped SDOF

In this case, $\zeta > 1$ and

$$s = -\zeta \omega_n \mp \omega_n \sqrt{\zeta^2 - 1} = -\zeta \omega_n \mp \hat{\omega}$$

where

$$\hat{\omega} = \omega_n \sqrt{\zeta^2 - 1}$$

and, after some rearrangement, the general integral for the over-damped SDOF can be written

$$x(t) = \exp(-\omega_n t)(A \cosh(\hat{\omega} t) + B \sinh(\hat{\omega} t))$$

Note that:

- as $\zeta \omega_n > \hat{\omega}$, for increasing $t$ the general integral goes to zero, and that
- as for increasing $\zeta$ we have that $\hat{\omega} \to \zeta \omega_n$, the velocity with which the response approaches zero slows down for increasing $\zeta$. 
Measuring damping

The real dissipative behavior of a structural system is complex and very difficult to assess. For convenience, it is customary to express the real dissipative behavior in terms of an *equivalent viscous damping*. In practice, we measure the response of a SDOF structural system under controlled testing conditions and find the value of the viscous damping (or damping ratio) for which our simplified model best matches the measurements.

For example, we could require that, under free vibrations, the real structure and the simplified model exhibit the same decay of the vibration amplitude.

Logarithmic Decrement

Consider a SDOF system in free vibration and two positive peaks, $u_n$ and $u_{n+m}$, occurring at times $t_n = n(2\pi/\omega_D)$ and $t_{n+m} = (n + m)(2\pi/\omega_D)$. The ratio of these peaks is

$$\frac{u_n}{u_{n+m}} = \frac{\exp(-\zeta\omega_n n 2\pi/\omega_D)}{\exp(-\zeta\omega_n(n + m)2\pi/\omega_D)} = \exp(2m\pi\zeta\omega_n/\omega_D)$$

Substituting $\omega_D = \omega_n\sqrt{1 - \zeta^2}$ and taking the logarithm of both members we obtain

$$\ln\left(\frac{u_n}{u_{n+m}}\right) = \delta = 2m\pi \sqrt{1 - \zeta^2}$$

where we have introduced $\delta$, the logarithmic decrement; solving for $\zeta$, we finally get

$$\zeta = \delta \left((2m\pi)^2 + \delta^2\right)^{-\frac{1}{2}}.$$

Recursive Formula for $\zeta$

The equation of the logarithmic decrement,

$$\delta = 2m\pi \frac{\zeta}{\sqrt{1 - \zeta^2}}$$

can be formally solved for $\zeta$:

$$\zeta = \delta 2m\pi \sqrt{1 - \zeta^2}$$

obtaining an equation that can be interpreted as generating a sequence

$$\zeta_{n+1} = \delta 2m\pi \sqrt{1 - \zeta_n^2}.$$

Starting our sequence of successive approximations with $\zeta_0 = 0$ we obtain $\zeta_1 = \delta 2m\pi$ and usually the following iterate $\zeta_2 = \delta 2m\pi \sqrt{1 - \zeta_1^2}$ has converged to the true value with a number of digits that exceeds the experimental accuracy.

While the recursive formula is useful in itself, it is also useful as a first example of finding better approximations of a system’s parameter using an iterative procedure.